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20 percent environment, 20 percent genetics, 50 percent
personal,...

PRESIDENT SHEEHY: One minute.

SENATOR JENSEN: ...personal choices of lifestyle--smoking,
alcohol, eating the right foods. I'd like to have the time to
dialogue with Senator Chambers, who in 35 years I don't know,
Senator Chambers, if you ever had a health policy until going on
Medicare. Am I right?

PRESIDENT SHEEHY: Senator Chambers, would you yield?

SENATOR CHAMBERS: During my early years, because I had younger
children, I had a modest program then, but other than that no
healthcare for myself.

SENATOR JENSEN: But you have adopted a lifestyle that also
gives you good health. Would you say that?

SENATOR CHAMBERS: A lifestyle took hold of me that keeps me in
relatively good health.

SENATOR JENSEN: Well, and I applaud you for that, but if each
individual citizen would do that, my goodness, what a difference
we'd make. We'd see a dramatic decrease in health-care costs,
not only in Medicaid but all of personal healthcare. Health
insurance costs would drop dramatically if everyone would take
care of their own body and ensure that. You know, one thing, if
I would have known I was going to live this long,...

PRESIDENT SHEEHY: Time.

SENATOR JENSEN: ...I even would have taken better care of my
health, and I think many of us can say that. But...

PRESIDENT SHEEHY: Time.

SENATOR JENSEN: ...that used to be a joke; it's not anymore.
So...