

One Hundred Ninth Legislature - Second Session - 2026

Introducer's Statement of Intent

LB1194

Chairperson: Senator Brian Hardin

Committee: Health and Human Services

The following constitutes the reasons for this bill and the purposes which are sought to be accomplished thereby:

LB1194 - The Real Food Act creates Nebraska's first state-level dietary guidelines to combat chronic diseases linked to poor nutrition and to foster healthier eating habits statewide. The legislation encourages state agencies to develop public awareness campaigns. It directs agencies to update educational materials in public nutrition programs, school lunch programs, and health care services to reflect science-based guidelines and include a list of foods commonly produced in Nebraska. By promoting nutrient-dense whole foods including high-quality proteins, healthy fats, colorful vegetables and fruits, full-fat dairy, and fiber-rich whole grains, the Act aims to reduce chronic disease rates while supporting Nebraska agriculture and enhancing food security.

Principal Introducer: _____

Senator Tanya Storer