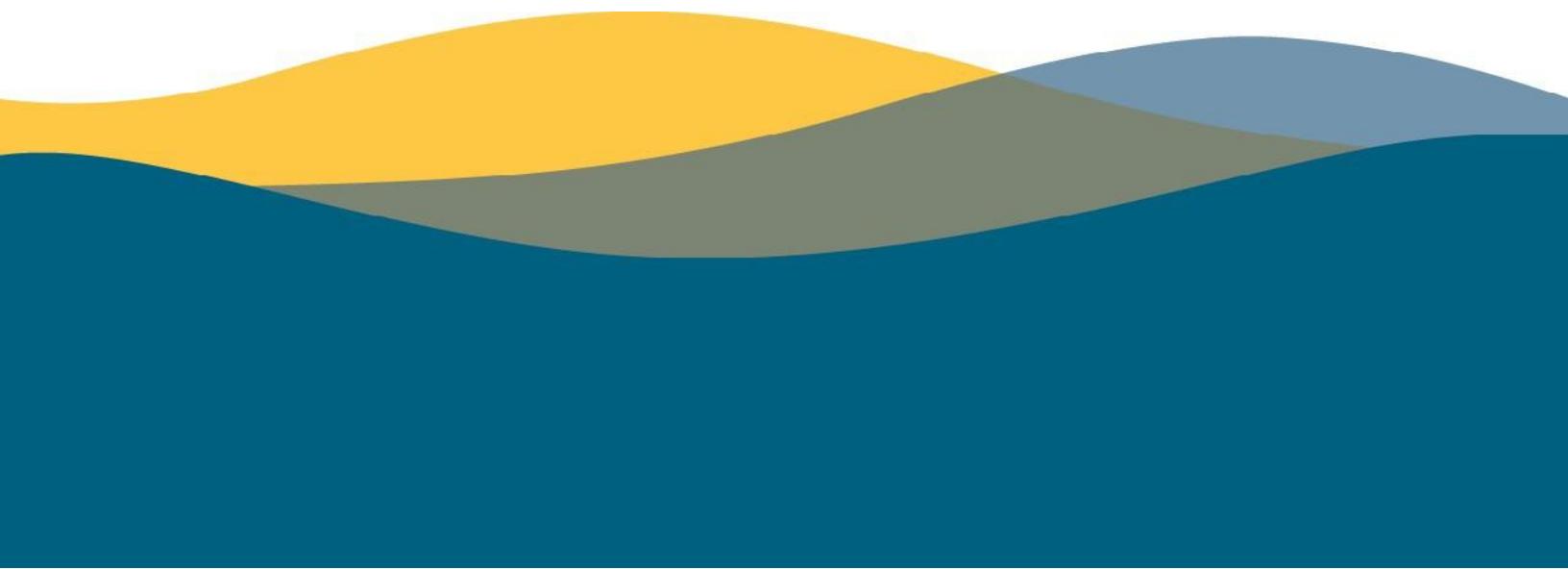


Vocational & Life Skills

Quarterly Report – Grant Cycle Six, Quarter One
July - September 2025

**This report is generated by UNO-NCJR
for the Nebraska Department of Correctional Services (NDCS) Submitted by:
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Vocational and Life Skills Quarterly Report

GRANT CYCLE SIX, QUARTER ONE

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Executive Summary

The Vocational and Life Skills (VLS) program was created by Nebraska Legislative Bill 907 in 2014 with the purpose of easing the transition for individuals who reenter the community after incarceration. The VLS initiative is evaluated by the Nebraska Center for Justice Research (NCJR) to identify the impact service providers and programming have in increasing meaningful employment and prosocial lifestyle improvements among the justice-involved population. As part of the evaluation, NCJR provides trainings to support grantees as needed and provides feedback and information to the Nebraska Department of Correctional Services (NDCS) regarding the implementation process and data updates on a monthly and quarterly basis. NCJR utilizes feedback from NDCS and service providers to ensure accurate reporting. Questions on this report may be directed to the Senior Research Specialist, Dr. Katelynn Towne, at the Nebraska Center for Justice Research (ktowne@unomaha.edu).

Grantees use the Nebraska Inmate Case Management System (NICaMS) to submit data on participants served through the Vocational and Life Skills funding. The current data derives from an active database, from which data is being entered and updated daily. Data values, including previously submitted information, may fluctuate depending on the duration of lag between service delivery and data entry. One common example of this is when participants begin programming near the end of the month and grantee staff do not yet have intake information to enter for participants before the next data pull date. These changes will be reflected in future reports. NDCS staff and evaluators at NCJR work with grantees to manage data entry errors on an ongoing basis using email, phone, and site visit communications.

This report is submitted to the Nebraska Legislature on behalf of NDCS. This report contains 1) descriptions of the 11 funded organizations across the state, 2) a snapshot of participation across reentry programs, 3) program offering participations, and 4) descriptions of those offerings by funded programs (Appendix A).

Provider Descriptions

Associated Builders and Contractors (ABC)

ABC is part of a national company that provides trade-specific apprenticeship training and work-based learning opportunities for careers in the construction industry. ABC offers classes in correctional facilities and ABC facilities in Lincoln and Omaha.

Different Approach

At Different Approach Sober Living, their mission is to provide a safe, supportive, and structured environment where individuals in recovery can rebuild their lives. They offer tailored approaches to recovery and empower residents to develop life skills needed to transition into substance-free living.

Mental Health Association (MHA)

MHA provides peer-run behavioral and "wrap-around" support services in Lincoln. This holistic approach provides participants with access to services on an as-needed basis. Services include evidence-based programming and peer-group activities that are provided in residential and facility settings.

Metropolitan Community College (MCC)

MCC is a public education institution that supports the RAP 180 program to provide education and work readiness training both within prison and on the Omaha campus. They provide college courses, workshops, employment consultations, and a food pantry for those in need.

O.NE. Mentoring Academy

O.NE Mentoring Academy (O.M.A.) focuses on the mind, body, and soul, emphasizing a holistic approach to the self and the complexities of humanity. Its anger management program offers participants an eight-week course, meeting for 1.5 hours each week in small groups of six to ten participants, with the objective of fostering cognitive and behavioral change through anger management philosophy and techniques. The organization's cornerstone is its commitment to addressing issues of self-worth, stress, depression, and anxiety by utilizing psychotherapeutic methods and effective coping strategies.

Opening Doors

Opening Doors is a reentry program at the Center for People that supports currently and formerly incarcerated individuals. We offer career pathway courses, job search services, 1:1 coaching, 5 Keys classes, and volunteer opportunities for positive social engagement. Participants also receive career readiness training—including resume writing, cover letters, and mock interview support—while building cognitive, relational, and technical skills for successful reentry.

Reconnect, Inc.

ReConnect, Inc. offers short courses that balance life skills and cognitive restructuring techniques with employment training to help clients reach their full potential. Located in Omaha, ReConnect hosts job fairs to connect clients with employers and provides pre-release services in correctional facilities.

RISE

RISE seeks to end cycles of incarceration by equipping currently and formerly incarcerated people with job readiness, reentry planning, and housing and employment pathways that help participants thrive in their communities.

The Work Lab

The Work Lab is a nonprofit organization that partners with local employers to support justice-involved individuals in sustaining long-term employment. The organization focuses on addressing practical and behavioral needs that may create challenges in the workplace, helping employees remain stable in their positions while strengthening the companies that hire them. Through individualized support and collaboration with businesses, The Work Lab works to improve retention and promote successful workforce reintegration.

Western Alternative Corrections, Inc. at Bristol Station

Bristol Station assists formerly incarcerated persons in transitioning into the community in a residential setting located in Hastings, NE. They provide opportunities for self-discovery and encourage participants to develop sustainable pro-social routines.

Ybor – A Second Chance Kitchen

Ybor is a culinary reentry program that creates pathways to employment and advancement in the restaurant industry. Through partnerships with Southeast Community College and local restaurants, participants progress through a structured culinary pipeline: food safety certification, culinary fundamentals class, a pre-apprenticeship at Ybor's events, and ultimately full-time employment in a Lincoln restaurant while joining a registered apprenticeship through the U.S. Department of Labor. Ybor's mission is to deliver more than just job training—it's a pathway to careers, community, and confidence. Each phase of the program uses the dignity of work and the structure of a professional kitchen to help participants build pride, professionalism, and a sustainable future.

Participants Served

Program ¹	Currently Enrolled (Q1) ²	Successful Completions (Q1) ³	Total Participants (Q1) ⁴
Associated Builders and Contractors (ABC)	47	43	62
Different Approach	- ⁵	-	-
Mental Health Association (MHA)	2,316	247	266
Metropolitan Community College (MCC)	192	572	575
O.NE Mentoring Academy	-	-	-
Opening Doors	2	116	120
ReConnect, Inc.	83	112	112
RISE	196	231	237
The Work Lab	-	-	-
Western Alternative Corrections (WAC)	16	24	32
Ybor	5	84	84
Total Unique Individuals Across Programs	2,673	1,247	1,291

¹ Participant data are unique to each program and participants may be active in multiple programs.

² A summation of individuals who are still progressing in VLS funded programming from the quarter.

³ A summation of individuals who completed VLS funded programming during the specified quarter.

⁴ A summation of individuals who participated in VLS funded programming during the specified quarter.

⁵ The “ - ” notes data that is not yet available to the evaluation team on the NICaMS system.

Cost Per Participations

Program	Total Participants (GC5) ⁶	Total Reimbursements (GC5)	Average Cost Per Individual (GC5) ⁷
Associated Builders and Contractors (ABC)	62	\$ 122,550.31	\$ 1,976.62
Different Approach	-	\$ 24,637.50	-
Mental Health Association (MHA)	266	\$ 146,539.27	\$ 550.90
Metropolitan Community College (MCC)	575	\$ 105,687.68	\$ 183.80
O.NE Mentoring Academy	-	\$ 0.00	-
Opening Doors	120	\$ 22,109.55	\$ 184.25
ReConnect, Inc.	112	\$ 75,000.00	\$ 669.64
RISE	237	\$ 67,790.18	\$ 286.03
The Work Lab	-	\$ 3,720.00	-
Western Alternative Corrections (WAC)	32	\$ 129,300.00	\$ 4,040.63
Ybor	84	\$ 44,230.20	\$ 526.55
Total	1,291	\$ 741,564.69	\$ 574.41

⁶ A summation of individuals who participated in VLS funded programming since the grant cycle started.

⁷ Quarter reimbursement costs divided by the summation of individuals who participated in programming excluding active enrollments.

Program Offering Participations

VLS *Program offerings* were developed for each grantee, so the evaluation may describe programming components. Each grantee provides different services; thus, each has a unique catalogue of offerings. Some participants only need one offering while others may receive multiple. The program offering status describes how participants are or have participated in programming.

Program offering participations for grant cycle six, quarter one (July 2025 – September 2025) are presented below. Program staff work with each participant to develop an individualized plan of programming unique to their needs. Many participants are involved in multiple program offerings at each program, and some offerings available are not suitable for each participant. Some may only complete one program offering, while others may participate in multiple offerings either back-to-back or simultaneously.

A description of all funded program offerings is provided in Appendix A of this report. The variety in program offerings has changed over the years and will continue to change to meet the needs of the population. Therefore, some of the data presented will not match exactly with previous quarterly reports on program offerings.

Associated Builders and Contractors Participations

There are **77** active participations in Associated Builders and Contractor's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
Applied Construction Math	8	0	13	21
OSHA 10 Hour Construction	26	0	6	32
OSHA 10 Hour General Industry	24	0	4	28
Total	58	0	23	81

Different Approach Participations

Data is not available in NICaMS for this program at this time.

Mental Health Association Participations

There are **2,526** active participations in Mental Health Association's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
CARES	32	0	0	32
HONU	9	6	1	16
Hope	34	0	0	34
Intentional Peer Support (Specialist)	0	0	16	16
Peer Prevention Group	170	0	0	170
Rent Wise	10	0	0	10
Total	255	6	17	278

Metropolitan Community College Participations

There are **192** active participations in Metropolitan Community College's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
Associate Degree	2	0	0	2
CDL Preparation	5	0	0	5
Forklift Certification	112	0	0	112
Four-Week Workshop	9	0	0	9
Long-Term Relief Group	79	0	0	79
MCC Credit Course	127	0	3	130
National Career Readiness Certificate	122	0	0	122
Non-Credit Workshop	52	0	0	52
Orientation	290	0	0	290
Trauma Informed Peer Support	220	0	0	220
Total	1,018	0	3	1,021

O.NE Mentoring Academy Participations

Data is not available in NICaMS for this program at this time.

Opening Doors Participations

There are **2** active participations in Opening Door's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
Career Connection	55	0	1	56
Center Core Competencies	13	0	0	13
Computer/Administrative Skills	99	0	3	102
Other	4	0	1	5
Reentry Reality	10	0	4	14
Warehouse/Manufacturing Logistics	7	0	0	7
Total	188	0	9	197

ReConnect, Inc. Participations

There are **85** active participations in ReConnect's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
Final Number	5	0	0	5
Final Number 2.0 Independent Learning	4	0	0	4
GPS (self-paced)	3	0	0	3
KEYS 1	13	0	0	13
KEYS 2	9	0	0	9
Post-Release Reentry Support	62	0	0	62
Right Start	1	0	0	1
Right Start 2.0	37	0	0	37
Success Prep	13	0	0	13
Total	147	0	0	147

RISE Participations

There are **196** active participations in RISE's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
Crisis Intervention	4	0	0	4
Emotional Support	563	0	0	563
Employment Assistance	32	0	0	32
Financial Assistance	14	0	0	14
Housing Assistance	18	0	0	18
Parole/Probation/Supervised Release Support	34	0	0	34
Reentry Planning	190	0	0	190
Reentry Services and Support	25	2	7	34
Substance Use Assistance	3	0	0	3
Transportation Assistance	51	0	0	51
Total	934	2	7	943

The Work Lab Participations

Data is not available in NICaMS for this program at this time.

Western Alternative Corrections Participations

There are **105** active participations in Bristol Station's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
Conflict Resolution	8	7	4	19
Dress for Success	6	8	4	18
Employment Readiness	13	0	0	13
Employment Retention	4	2	1	7
Interviewing Skills	6	8	4	18
Job Coaching	6	8	3	17
MRT	1	0	1	2
Personal Growth/Family Reunification	1	0	0	1
Relapse Prevention Group	3	3	1	7
Residential Case Management	7	8	4	19
Residential Reentry	7	8	4	19
Transitional Skills	4	3	0	7
Total	66	55	26	147

Ybor Participations

There are **7** active participations in Ybor's program offerings from this quarter. Quarter completions are provided across the offerings in the table below.

Program Offering	Satisfactory Completion	Terminated from Program	Withdrawn from Program	Total
Apprenticeship	1	0	0	1
Food Handlers Permit Classes	80	0	0	80
Intro to Culinary Fundamentals Class at SCC	0	0	3	3
Pre-Apprenticeship	3	0	0	3
Total	84	0	3	87

Appendix A: Program Offering Descriptions

The following program offering descriptions provides information on different services offered in each program. Each program offering details the services provided, the benefit or result a participant can hope to get from completing the offering, the duration of programming, and the locations the service is offered. Each participant goes through programming differently based on their individual needs, these descriptions provide more insight into the program offering participations reported. Program offerings are updated periodically to reflect what is currently offered.

Associated Builders and Contractors Offering Descriptions

- **Core (NCCER Curriculum)**
 - **Description:** The NCCER Core Curriculum is a prerequisite to all other Level 1 craft curriculums. The CORE curriculum includes Basic Safety, Introduction to Construction Math, Introduction to Hand Tools, Introduction to Power Tools, Introduction to Construction Drawings, Introduction to Basic Rigging, Basic Communication Skills, Basic Employability Skills, and Introduction to Material Handling.
 - **Benefit/Result:** Prerequisite/Certificate/Card
 - **Duration:** 12 weeks, 2 nights per week
 - **Location:** NSP, CCCL, CCCO, NCCW, TSCI, WEC, NCCW
- **OSHA 10 Hour Construction**
 - **Description:** This course provides the worker with an overview of the safety applications on a construction site and increases awareness and understanding of governmental regulations and applications to the trade practices. All certificates received are issued directly from the OSHA Training Institute Outreach Program and meet every application to the OSHA requirements currently in place.
 - **Benefit/Result:** Certificate/Card
 - **Duration:** 10 hours
 - **Location:** NSP, CCCL, NCCW, TSCI
- **OSHA 10 Hour General Industry**
 - **Description:** This training program is intended to provide entry-level general industry workers information about their rights, employer responsibilities, and how to file a complaint as well as how to identify, abate, avoid, and prevent job-related hazards on a job site. The training covers a variety of general industry safety and health hazards that a worker may encounter. Training emphasizes hazard identification, avoidance, control, and prevention. It also focuses on OSHA standards.

- **Benefit/Result:** Certificate/Card
- **Duration:** Ten hours
- **Location:** NSP, CCCL, NCCW, TSCI
- **Construction Technology 1, 2, and 3**
 - **Description:** This curriculum will ground the trainee in the basic knowledge and principles of carpentry, masonry, concrete finishing, electrical work, HVAC, and plumbing. The person will become skilled in different phases of a project from start to finish. Once completing this course, the trainee will be able to interpret construction drawings; perform quality concrete and brickwork; frame walls, ceilings, and floors of a structure; and install the proper wiring and piping for electrical and plumbing systems.
 - **Benefit/Result:** Certificate/Card
 - **Duration:** 12 weeks per level, 2 nights per week
 - **Location:** NSP, NCCW, TSCI
- **Applied Construction Math**
 - **Description:** Just seeing the word “math” strikes fear and frustration in the hearts and minds of many students. Teachers also understand that a math lesson gets the same reception as any other dreaded chore: “Eat your Brussel sprouts, take out the garbage, and learn your MATH.” Students and teachers must see the relevance in learning before they invest the time and commitment needed to master the subject. This book will help people understand the fundamentals of math in a way that is engaging, interesting, and relevant. This book’s unique and real-life approach will help people understand how learning and more importantly, understanding math will allow them to reach their personal goals as a student and craft professional.
 - **Benefit/Result:** Certificate
 - **Duration:** 10 weeks, 2 nights per week
 - **Location:** NSP, NCCW, TSCI, WEC, CCCL
- **Reality Works Virtual Welding (VW)**
 - **Description:** The VW provides all participants with knowledge of welding safety, basic welding, welding defects, and will give them the tools to make welding corrections. Sections include Welding Types, Careers, Welding Safety, Types of Welders, Welding Equipment, Welding Defects, Welding Basics, Welding Joints, and Welding Simulation.
 - **Benefit/Result:** Certificate
 - **Duration:** Ten weeks, two nights per week
 - **Location:** NCCW, ABC Lincoln Training Center

- **Reality Works Virtual Electrical (VE)**

- **Description:** The VE provides students with general electrical wiring training as well as instruction on how to do proper household and commercial wiring. This program helps students to safely train their electrical wiring skills by providing repetitive practice as well as assessment exercises and introduces standard electrical symbols and theory in one portable, easy-to-use kit. The curriculum follows three lesson plans: Electrical Safety, Electrical Principles, and Basic Electrical Wiring Skills.
- **Benefit/Result:** Certificate
- **Duration:** Eight weeks, two nights per week
- **Location:** NCCW, WEC, ABC Lincoln Training Center

- **HVAC 1, 2, and 3**

- **Description:** HVAC curriculum is a four-level program that will be taught during a four-year period. Each level will be 26 weeks, one day per week and two-and-a-half hours per day for a total of 80 hours. The increasing development of HVAC (heating and air-conditioning systems) technology causes employers to recognize the importance of continuous education to keep up to speed with the latest equipment and skills. Hence, technical school training or apprenticeship programs often provide an advantage and a higher qualification for employment. NCCER's program has been designed by highly qualified subject matter experts with this in mind. The four levels North American Technician Excellence (NATE) recognized, present theoretical and practical skills essential to an individual's success as an HVAC installer or technician.
- **Benefit/Result:** Certificate/Card – ultimately earning license in the trade.
- **Duration:** 1 year per level, 1 night per week
- **Location:** ABC Training Centers

- **Electrical 1, 2, and 3**

- **Description:** Electrical curriculum is a four-level program that will be taught during a 4-year period. Each level will be 26 weeks, one day per week and two and a half hours per day for a total of 80 hours. Electricians install electrical systems in structures; they install wiring and other electrical components, such as circuit breaker panels, switches, and light fixtures. They follow blueprints, the National Electrical Code® and state and local codes. To prepare trainees for a career in the electrical field, NCCER offers a comprehensive, four-level Electrical curriculum that complies with DOL time-based standards for apprenticeship.
- **Benefit/Result:** Certificate/Card – Ultimately earning license in the trade.
- **Duration:** 1 year per level, 1 night per week
- **Location:** ABC Training Centers

- **Drywall**

- **Description:** Drywall curriculum is a two-level program that is taught during a two-year period. Each level will be 26 weeks, one day per week and two and a half hours per day for a total of 80 hours. Drywall applicators often install walls and ceilings, as well as place insulation, soundproofing, and fire-stopping materials behind and onto those walls and ceilings. They may also apply textures and trims to enhance both the interiors and exteriors of the buildings. The two-level curriculum for Drywall covers such subjects as Thermal and Moisture Protection, Steel Framing, and Acoustical Ceilings.
- **Benefit/Result:** Certificate/Card
- **Duration:** 1 year per level, 1 night per week
- **Location:** ABC Training Centers

- **Carpentry**

- **Description:** Carpentry curriculum is a three-level program that is taught during a three-year period. Each level will be 26 weeks, one day per week and two and a half hours per day for a total of 80 hours. Carpenters make up the largest building trades occupation in the industry and those with all-around skills are in high demand. Carpenters are involved in many kinds of construction activities, from building highways and bridges to installing kitchen cabinets. Carpenters construct, erect, install, and repair structures and fixtures made from wood and other materials. This four-level curriculum covers content such as Building Materials, Cabinet Fabrication, and Advanced Wall Systems.
- **Benefit/Result:** Certificate/Card
- **Duration:** 1 year per level, 1 night per week
- **Location:** ABC Training Centers

- **Masonry**

- **Description:** Masonry curriculum is a three-level program that is taught during a three-year period. Each level will be 26 weeks, one day per week and two and a half hours per day for a total of 80 hours. The study of masonry is one of the world's oldest and most respected crafts. Masonry construction has existed for thousands of years. The remains of stone buildings date back 15,000 years, and the earliest manufactured bricks unearthed by archaeologists are more than 10,000 years old. These bricks were made of hand-shaped, dried mud. Among the most well-known works of masons are the pyramids of ancient Egypt and Notre Dame Cathedral in Paris. NCCER's three-level curriculum encompasses modules such as Mortar, Metalwork in Masonry, and Estimating.
- **Benefit/Result:** Certificate/Card
- **Duration:** 1 year per level, 1 night per week
- **Location:** ABC Training Center

- **Plumbing 1, 2, and 3**

- **Description:** Plumbing curriculum is a four-level program that will be taught during a four-year period. Each level will be 26 weeks, one day per week and two and a half hours per day for a total of 80 hours. Most people are familiar with plumbers who come to their home to unclog a drain or install an appliance. In addition to these activities, plumbers install, maintain, and repair many different types of pipe systems. For example, some systems move water to a municipal water treatment plant and then to residential, commercial, and public buildings. Other systems dispose of waste, provide gas to stoves and furnaces, or supply air conditioning. Pipe systems in power plants carry steam that powers huge turbines. Pipes are also used in manufacturing plants, such as wineries, to move material through production processes. NCCER's four-level curriculum covers topics such as Plumbing Tools, Types of Valves, and Potable Water Treatment.
- **Benefit/Result:** Certificate/Card – and ultimately earning license in the trade.
- **Duration:** 1 year per level, 1 night per week
- **Location:** ABC Training Centers

Different Approach Offering Descriptions

These descriptions have not yet been provided to the evaluation team.

Mental Health Association Offering Descriptions

- **CARES**

- **Description:** Connects participants to beneficial resources and aims for participants to be self-sufficient. Navigators work with participants to assess and determine resources needed and point them in the right direction. Referrals come from staff at NDCS, parole, probation, or participating individuals. Participants must be within 18 months of release from incarceration or supervised release to be referred. Participants are considered successfully completed when they have been connected to the resources they need and feel comfortable moving forward on their own, but they are always welcome to return for future support and encouraged to reach out when they need assistance.
- **Benefit/Result:** Basic needs met, obtained employment, and community resources identified.
- **Duration:** About 90 days on average
- **Location:** Region V, all facilities, community

- **HOPE**

- **Description:** Supported employment programs help people find competitive jobs that are based on the person's preferences and abilities. Eligibility is based on an individual's

choice. Employment specialists coordinate plans with the treatment team if desired by participants. Competitive employment is the goal. The focus is community jobs that pay a livable wage. The job search starts immediately. There are no requirements for completing extensive pre-employment assessments and training or intermediate work experience. Follow-along support is continuous. Choices and decisions about work and support are individualized based on the person's preferences, strengths, and experiences.

- **Benefit/Result:** Employment
- **Duration:** 90 Days
- **Location:** Honu House, Region V, Community, and work release centers.

- **REAL**

- **Description:** REAL provides ongoing community-based support services to participants including advocating and supporting participants wishing to find their own housing, referral and assistance obtaining other community services, interpersonal and conflict resolution skills, and helping participants prepare for discharge back into the community. Some of the REAL program services include:
 - Assistance in finding and maintaining safe, affordable, and adequate permanent housing of their choice.
 - Assistance overcoming barriers and challenges.
 - Community integration activities
 - Support groups.
 - Community education on reentry
 - Acquiring basic life needs (food, clothing, personal hygiene products)
 - System navigation (behavioral and physical health services)
 - Other assistance as identified by the participant.
- **Benefit/Result:** Housing and Public Assistance
- **Duration:** Varies by Participant Need
- **Location:** In Community, Region V, Facilities, Honu House, Keya House

- **Honu House**

- **Description:** The HONU House provides participants with 90 days of transitional housing in a safe, stable, and supportive environment along with: 24/7 peer support; wellness and recovery education to support them in managing their behavioral health issues; life skills training including tenant education (RentWise); communication and interpersonal skills; navigating the community, transportation and other activities identified by the participant; warmline, where anyone can call in and access a friendly and supportive person to talk to; basic life needs - food, clothing, personal hygiene products, accessing healthcare, healthcare system navigation; and community/social integration activities.

- **Benefit/Result:** Transitional Living
- **Duration:** Up to 90 days
- **Location:** Honu House
- **Keya**
 - **Description:** Keya is a short-term home for participants needing support and preventing higher levels of care. Participants complete a Wellness Vision, receive peer support, and are offered a variety of both traditional and non-traditional wellness tools.
 - **Benefit/Result:** Diverts individuals experiencing mental health and substance use challenges from higher levels of care.
 - **Location:** Keya House
- **Benefits**
 - **Description:** The comprehensive benefits program is designed to help individuals who receive social security benefits to be able to make informed choices when they return to work. Often, benefits are affected by income from work. Beneficiaries receiving Social Security Disability Insurance and/or Supplemental Security Income receive a written benefits analysis that is tailored to the individual participant's benefits situation and stated work goal. The Benefits Specialist will provide education about applicable work incentives. Follow-up services are provided at regular scheduled intervals and at critical touch points which are identified at the initial meeting. Beneficiaries can receive assistance in communicating with the Social Security Administration, Nebraska Department of Health and Human Services, General Assistance, Housing, or any other public assistance. The Benefits Specialist promotes, teaches, and emphasizes benefits literacy.
 - **Benefit/Result:** Documentation/Income/Housing/Other Public Assistance
 - **Duration:** Varies based on need
 - **Location:** Region V
- **Rent Wise**
 - **Description:** RentWise is a six-module curriculum that supports individuals in becoming successful renters. Participants in the group receive a RentWise workbook and organizer.
 - **Modules:** Communication and Conflict Resolution, Managing Money, Finding a Place to Call Home, Getting Through the Rental Process, Taking Care of Your Home, and When You Move Out. The workbook contains the six modules, and the organizer provides a place for renters to store rental records such as leases and letters to and from the landlord. The workbook also includes 12 worksheets and a resource guide. The groups are held in the community. The workshop is held one day a week for six weeks. Each session is an hour and a half in

length. Participants will receive a certificate at the completion of the course they can give to landlords that can assist in demonstrating they have a desire to be good tenants.

- **Benefit/Result:** Certificate
- **Duration:** Six Weeks
- **Location:** In Community, Region V

Metropolitan Community College Offering Descriptions

- **Forklift Certification**
 - **Description:** Comprehensive training for the population to gain forklift certification.
 - **Benefit/Result:** Receipt of Certificate of Completion and possible employment.
 - **Duration:** One day
 - **Location:** MCC's Fort Omaha Campus or South Omaha Campus
- **OSHA**
 - **Description:** Comprehensive training in mandated job safety requirements and guidelines.
 - **Benefit/Result:** Receipt of OSHA certification and possible employment.
 - **Duration:** One week for 10 hours; four weeks for 30 hours
 - **Location:** OCC, MCC, NCYF, TSCI
- **Noncredit Workshops**
 - **Description:** Life skills training and education.
 - **Benefit/Result:** Receipt of Certificate of Completion, acquire life skills and possible employment.
 - **Duration:** One day to 8 weeks
 - **Location:** OCC, CCC-O, NCYF, TSCI, NCCW, MCC (Re-Entry), CCC-L, WEC, RTC, NSP
- **National Certification – Certified Production Technician, Manufacturing Skills Standards Council**
 - **Description:** Participants complete four courses in safety, quality practices and measurement, manufacturing processes and production and maintenance awareness. After successfully passing four assessment tests, participants receive a national certification.
 - **Benefit/Result:** Opportunities for gainful employment in manufacturing.
 - **Duration:** One quarter to one year (depending on location of participant)
 - **Location:** OCC, MCC, TSCI, NCCW
- **GED**
 - **Description:** Non-credit study to prepare for official GED testing (high school equivalency).

- **Benefit/Result:** Acquisition of official GED.
- **Duration:** Dependent on skill level of participant
- **Location:** MCC
- **3 MCC Core Courses**
 - **Description:** Completion of any three college credit courses
 - **Benefit/Result:** college credit.
 - **Duration:** Nine months or longer
 - **Location:** OCC, NCFY, NCCW, TSCI, CCC-O, MCC, NCFY, NSP, RTC, WEC
- **MCC Certificate of Completion – noncredit**
 - **Description:** Issued to program participants who complete MCC noncredit workshops or training.
 - **Benefit/Result:** Helps participants build life skills.
 - **Duration:** Ongoing
 - **Location:** OCC, NCFY, NCCW, TSCI, CCC-O, MCC, NSP, RTC, WEC
- **MCC Certificate of Completion – credit (Diversified Manufacturing)**
 - **Description:** Participants who complete four core diversified manufacturing courses receive a certificate from MCC and have an opportunity to receive a national certification.
 - **Benefit/Result:** Participants will be introduced to various employers with gainful employment opportunities.
 - **Duration:** One quarter to one year (depending on location of participant)
 - **Location:** OCC, MCC, NCCW, TSCI, CCC-O
- **Career Certificate:** Varied career certificates in MCC program pathways
 - **Description:** Participants complete an average of 28-32 focused credit hours.
 - **Benefit/Result:** Participants achieve a career certificate and may continue to the next stackable credential.
 - **Duration:** One year – Two years (depending on location of participant)
 - **Location:** OCC, MCC, NCFY, NCCW, TSCI, CCC-O, CCC-L, NSP, RTC, WEC
- **Associate Degree**
 - **Description:** Any one of the 100+ associate degree programs offered at MCC.
 - **Benefit/Result:** Receipt of an associate degree.
 - **Duration:** Dependent on student commitment and schedule
 - **Location:** OCC, NCFY, NCCW, TSCI, MCC, CCC-O, CCC-L, NSP, RTC, WEC

- **Long Term Relief**

- **Description:** Group created to support individuals who have been incarcerated for more than 10 years and/or served multiple sentences with the purpose of increasing knowledge of current technology, referrals to community resources for transition preparation and to build peer support.
- **Benefit/Result:** Successful transition to community and healthy relationships.
- **Duration:** Ongoing or self-terminated
- **Location:** CCC-O and MCC

- **ACT National Career Readiness Certificate (NCRC)**

- **Description:** The NCRC measures and certifies essential work skills needed for job success. It is widely used by employers, educators, workforce developers, and others to provide evidence that job seekers have the skills employers are looking for. During this course, participants will have an opportunity to participate in NCRC testing. The testing consists of three assessments: Applied Mathematics, Locating Information, and Reading for Information.
- **Benefit/Result:** Certificate
- **Duration:** Three hours
- **Location:** OCC, NCCW, TSCI, MCC, NCYF, CCC-O, CCC-L, NSP, WEC, RTC

- **Orientation**

- **Description:** Participants fill out all necessary paperwork, including the Participant Enrollment Form, Holland Code worksheet, and other college paperwork. Participants will leave with an appointment with the lead coach to register for classes, if necessary. Orientations are for any person who has not previously taken classes with us.
- **Benefit/Result:** Ability to participate in 180 RAP.
- **Duration:** One Hour
- **Location:** MCC, OCC, NCCW, TSCI, NCYF, CCC-O, CCC-L, NSP, WEC, RTC

- **Other Services**

- **Description:** Supportive documentation and basic need acquisition
- **Benefit/Result:** Receipt of birth certificate, identification and access to hygiene, food and clothing, cell phones, housing deposits, and transportation.
- **Duration:** Dependent on the need of individual and request (depending on origin of supportive documentation)
- **Location:** CCC-O, CCC-L, MCC (Re-entry)

- **Job Readiness**

- **Description:** Participants meet with the job center team to create resumes, sign up for an email address, write turnaround and cover letters, submit job applications, provide referrals, transport to and from job interviews, assist with workforce needs, and job fairs, and any other necessary service to help participants succeed in the workforce. The job center team also works with the Department of Labor to increase chances of employment.
- **Benefit/Result:** Resume, letters, applications, and often job placement.
- **Duration:** One hour (many often schedule multiple appointments)
- **Location:** MCC, CCC-O, CCC-L

Four-Week Workshops

- **Welding**
 - **Description:** Noncredit training and credit education
 - **Benefit/Result:** Skilled laborers for entry level welding employment upon release.
 - **Duration:** Four weeks to 11 weeks
 - **Location:** OCC
- **Keyboarding**
 - **Description:** Introduction to keyboarding and keyboard skill building
 - **Benefit/Result:** Able to navigate keyboard and utilize technology more efficiently.
 - **Duration:** One to ten weeks
 - **Location:** OCC and TSCI
- **Financial Empowerment**
 - **Description:** This course designed by the Consumer Financial Protection Bureau introduces students to the tools needed for answering financial questions and overcoming barriers/concerns regarding their present and future financial needs. Nine modules will explore the areas of setting goals and planning for large purchases, saving for emergencies, tracking, and managing income, paying bills and other expenses, budgeting, dealing with debt, understanding credit reports, money services, card and loans, and protecting their money.
 - **Benefit/Result:** Certificate of Completion
 - **Duration:** Four Weeks
 - **Location:** OCC, NCYF, NCCW, TSCI, MCC, CCC-O, CCC-L, NSP, RTC, WEC
- **CDL Preparation**
 - **Description:** This course will examine CDL safety fundamentals, develop awareness of essential regulatory requirements and responsibilities not related directly to driving, explore

practical CDL application of information to hands on training with a truck trainer simulator to help students understand vehicle inspection need and operations.

- **Benefit/Result:** Receipt of CDL Preparation certificate, completion of short-term training.
- **Duration:** 4 hours each week for 8 weeks
- **Location:** OCC

- **MCC Credit Course**
 - **Description:** Credit classes offered in various MCC pathways and over 100+ programs
 - **Benefit/Result:** Students earn college credits leading to MCC certificates and degrees.
 - **Duration:** One quarter
 - **Location:** OCC, CCC-O, CCC-L, NCCW, TSCI, WEC, RTC, NSP, MCC
- **Peer Support Group**
 - **Description:** Group designed to provide peer support for the incarcerated and re-entry populations as they transition from facilities to the community and beyond.
 - **Benefit/Result:** Aids successful transitions, builds access to prosocial activities and builds healthier networks and relationships.
 - **Location:** OCC, CCC-O, CCC-L, NCCW, TSCI, WEC, RTC, NSP, MCC

O.NE Mentoring Academy Offering Descriptions

These descriptions have not yet been provided to the evaluation team.

Opening Doors – Center for People in Need Offering Descriptions

- **Core Classes**
 - **Description:** The Center for People's CORE class is an interactive program that strengthens skills like communication, teamwork, and leadership. Participants gain valuable experience through hands-on training and leave with a completed resume and mock interview practice. The class also connects individuals to job opportunities and helpful community resources. Curriculum is based on the Now, Next, Later 5 key curriculum.
 - **Benefit/Result:** The CORE class at the Center for People helps individuals develop key soft skills like communication, teamwork, and leadership. It uses hands-on, immersive training led by experienced instructors. The program connects participants with supportive resources and employers. Overall, it empowers people to achieve career growth and long-term financial stability. Recently, we have incorporated RentWise curriculum and certification into the programming, offering education around tenant rights and responsibilities to help them move up the housing list.
 - **Duration:** 4 weeks, Monday-Thursday from 9am-12pm and 1pm-4pm.

- **Location:** Center for People, Community Corrections Center of Lincoln
- **Center for People Career Pathways**
 - **Description:** The Career Pathways program at the Center for People offers free, online and hands-on training to help individuals build essential skills and upskill for career advancement. The program offers certifications and career diplomas in high-demand fields such as Business, Skilled Trades, Healthcare, Technology, and Human Services. In addition, participants receive case management services and one-on-one coaching to ensure they are aligned with their personal career goals and have the support needed to succeed.
 - **Benefits/Results:** Participants finish the program with valuable credentials and practical skills that boost their employability. Earning credentials, certifications, career diplomas, and micro-certifications in any of the pathways to stand out in the job market. Personalized coaching and case management help keep career goals on track.
 - **Duration:** Computer lab hours- 4 weeks, Monday through Thursday from 9:00 AM to 12:00 PM and 1:00 PM to 4:00 PM. Certifications/Diplomas take anywhere from two weeks to two years.
 - **Location:** Center for People
- **Forklift & Warehouse Operations Module**
 - **Description:** This training provides participants with skills in warehouse and dock safety, proper lifting techniques, handcart and pallet jack handling, pallet loading and stacking and inventory control. Successful program participants receive forklift certification, preparing them to enter directly into warehouse/forklift employment.
 - **Benefit/Result:** Warehouse operation and workplace safety knowledge, forklift certification card.
 - **Duration:** 4 weeks, Monday-Thursday 9am-12pm &1pm-4pm.
 - **Location:** Center for People
- **Career Connection**
 - **Description:** The Center for People's Career Connection module focuses on Workforce Development by providing job seekers with personalized support. Individuals receive help with resume writing, job applications, and interview preparation. Once an individual is ready for Job Seek at the Community Corrections Center of Lincoln, the program also connects participants with local employers to find meaningful employment opportunities.
 - **Benefit/Result:** Participants gain practical job search skills and access to employer networks, increasing their chances of securing stable employment. The support provided boosts confidence and helps individuals navigate the hiring process more effectively. Ultimately, the program helps job seekers move toward financial independence and career stability.
 - **Duration:** Varies based on individual needs and job readiness
 - **Location:** Center for People, Community Corrections Center of Lincoln

- **Reality of Re-entry**

- **Description:** Reality of Reentry is a class at the Center for People that prepares individuals for life after incarceration using the 5 Keys curriculum: education, understanding technology, resources, community, and health. The course focuses on real-world challenges and practical tools for navigating reentry with confidence and stability.
- **Benefit/Result:** Through guided discussions and interactive activities, participants gain tools to rebuild relationships, manage stress, set goals, and create meaningful pathways toward a stable and fulfilling life after release. In a supportive group environment, participants discuss topics essential to successful reentry, including communication, personal growth, and emotional wellbeing. By taking a whole-person approach, *Reality of ReEntry* helps individuals strengthen self-awareness, build resilience, and develop practical strategies to overcome common reentry challenges—preparing them for lasting success in the community.
- **Duration:** 4 weeks, Tuesdays from 1:00pm-4:00pm
- **Location:** Center for People, Lincoln

ReConnect, Inc. Offering Descriptions

Independent Learning:

- **Keep Educating Yourself to Success (KEYS) Part I and II –**
 - **Description:** KEYS I and II are designed to allow participants to work at their own pace. Each KEYS series consist of five core modules broken down into specific topics that address a range of life-skills and cognitive thinking skills to help participants grow their capacity to problem solve, make better decisions, and respond to the challenges of reentry through pro-social skills development. Participants earn a certificate upon completion of each of the 5 core Modules which includes written materials and worksheets. Participants may elect to complete one or all five modules per the KEYS series but must complete all five Modules of KEYS I before participating in KEYS II.
 - **Benefits:** KEYS is an independent learning program which allows participants to not only work at their own pace, but to participate in KEYS while also taking part in other programming without posing a conflict with their schedule. Also because of the independent nature of KEYS I and II, participants may continue to participate in programming during periods when programming has been suspended or participants may be under room restrictions.
 - **Duration:** Self-paced but must complete all five Modules of KEYS I before taking KEYS II
 - **Location:** RTC 1&2, NSP, TSCI, OCC, CCCL, (WEC and NCCW Pending)
- **Goals, Plans, and Strategies (GPS)**

- **Description:** Like KEYS, GPS is offered in an independent- self- based format and was developed to complement KEYS as an introduction course or a follow up refresher. GPS is presented in two modules that are designed to help participants understand that life does not just happen and that every person is where they are in life based on choices they make (or choose not to make). Participants will be guided through exercises to identify where they are in life and how they got there to help participants understand the role and responsibilities they have over their life. Module two of GPS challenges participants to visualize what success looks like for them and how they will get there. Participants will be asked to complete set at least one SMART goal that will help participant get closer to their vision of success.
- **Benefits:** Helps participants develop self-efficacy so they will hopefully understand they are more in control of their life than they may think. Also, as an independent learning program, LIKE KEYS, GPS allows participants to not only work at their own pace, but to participate in programming while also taking other programming without posing a conflict with their schedule. Also because of the independent nature of GPS participants may continue to participate in programming during periods when programming has been suspended or participants may be under room restrictions.
- **Duration:** No time limit to complete but must complete both modules before receiving a certificate
- **Location:** Available to RTC 1&2, NSP, TSCI, OCC, CCCL, (WEC and NCCW Pending)

In-Person Pre-Release Programming:

- **Success Prep**
 - **Description:** Success Prep, ReConnect's Flagship and signature program is a five-week life-skills and reentry planning class that takes participants on an imaginary journey to reach reentry and life success. Each Module, along the journey, is developed to help participants explore fundamental skills that will grow their capacity and lead to transformational change and success. Participants are even challenged to change their perspective of how they view their incarceration by taking advantage of the opportunities incarceration gives them to work on themselves without distractions. Materials are presented in an easy to follow yet challenging format to get participants thinking and engaged in taking responsibility for mapping out their life to lead to success.
 - **Benefits:** Helps participants reimagine their prison sentence and how to best serve their sentence to gain the benefits of incarceration as an opportunity to better themselves and plan for a successful reentry upon release. Also, the class helps individuals to challenge assumptions that interfere with pro-social thinking and behaviors. A certificate is issued upon completion of the class.
 - **Duration:** 5 Weeks – must attend all five weeks to receive a certificate

- Locations: RTC, OCC, (Waiting to return to NSP, TSCI, CCCL)
- **Success Prep Bloom**
 - **Description:** All of what Success Prep offers but is tailored to address the unique needs and challenges women face while incarcerated and during reentry.
 - **Benefits:** Specially tailored toward women to help them develop skills and connect with resources to help them better prepare for reentry. A certificate is issued upon completion of the class.
 - **Duration:** 5 weeks must attend all classes
 - **Location:** CCCL and NCCW pending
- **Final Number- Stages of Change**
 - **Description:** A three-week pro-social thinking class that emphasizes change as the foundation for not returning to prison. The materials cover topics such as pro-social thinking, better decision making, and accepting responsibility and being accountable to themselves and society. The class is specifically developed for the young mind in terms of materials and duration, which is why it's limited to NCYF.
 - **Benefits/Results:** Helps participants rethink their prison sentence through pro-social thinking and positive mindset ultimately leading to positive behavior while incarcerated and upon release.
 - **Duration:** Two weeks
 - **Location:** NCYF
- **Pass It On-** Currently on hold due to space and staffing issues at TSCI.
 - **Description:** An intense life-skills class and peer- mentoring class focusing on intra-personal development in the areas of resiliency, problem solving, intra and inter-personal communication. Pass It On is specifically developed for men serving 15 or more years. The goal of the class is to help men who are serving long sentences to grow their capacity to impact the culture of prison in a positive way by taking what they have learned in the program and pass it on to others.
 - **Benefits-** Men serving long sentences will learn how to serve their prison sentence more productively to impact the culture of prison by taking what they learn in the class and passing it on to other through peer mentoring.
 - **Duration:** Five weeks
 - **Location:** TSCI only

Post Release Reentry Programming:

- **Ready 4Work and Life- (Formerly Ready 4 Work)**

- **Description:** Workshops that provide comprehensive job readiness support and assistance to community resources to help participants address potential issues with reentry based on the self-sufficiency assessment participants are asked to complete. Emphasis is placed on finding and retaining employment among over 150 background-friendly employer partners with whom we have formed strategic partnerships. However, participants are also assisted in connecting with background friendly housing providers, medical and mental health resources, and other community partners as needed. Various financial assistance and resources such as pre-paid cell phone, bus tickets, clothing, work tools, and personal hygiene are available to participants.
- **Benefits:** Help clients address reentry barriers and connect with community resources to become self-sufficient and increase desistance
- **Duration:** Workshops and case management held M-F Walk- ins and case management by appointment.

- **Construction Safety Training**
 - **Description:** A five-day training program presented by industry experts on construction safety including OSHA, Lead hazardous remediation, and First Aid and other core safety standards.
 - **Benefits:** Participants earn industry recognized credentials issued by industry experts. Helps participants gain credentials to help set them apart from other applicants.
 - **Duration:** Five days – 40 hours
 - **Location:** ReConnect's main office

RISE Offering Descriptions

- **Reentry Planning**
 - **Description: Individual reentry planning with a RISE Community Navigator.** **Reentry planning** involves addressing any identified needs prior to release, developing support plans for post-release needs, and setting goals. Reentry planning also includes access to additional services such as securing identification documents, referrals to wraparound services, providing personal hygiene products, and more. Reentry planning with RISE begins 12 to 18 months pre-release and may continue upon release. To be eligible, participants must have successfully completed the RISE In-Prison Program.
 - **Benefit/Result:** In-depth reentry planning and support that begins 12-18 months pre-release (when possible), allows participants time to explore reentry options, opportunities, and the realities of their future plans. This time allows for the development of a strong and realistic reentry plan, which can then be implemented.
 - **Duration:** 12-24 months
 - **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L

- **Focused Cognitive Work**

- **Description:** Focused cognitive work is an individual approach to addressing cognitive errors that may be influencing antisocial behavior. Validated assessment tools, self-attestation, and case notes are utilized to determine specific needs and to assist with identifying appropriate work. Work may include in-person one-on-one work with the RISE reentry specialist, worksheets processing maps, and other educational materials. To be eligible, participants must have successfully completed the RISE In-Prison Program.
- **Benefit/Result:** Focused cognitive work is aimed at improving skills in identified areas of need. Focused cognitive work may address things like coping skills, emotional management, self-limiting beliefs, managing conflict, healthy communication, and more. The goal is to provide participants with the skills to achieve a sense of overall wellbeing and a reduction or cessation of antisocial behavior.
- **Duration:** Lifetime of involvement with RISE
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community

- **Emotional Support**

- **Description:** Individual emotional support, encouragement, and direction from RISE reentry specialists who have successfully navigated their own reentry to promote healthy coping and thinking patterns. To be eligible, participants must have successfully completed the RISE In-Prison Program.
- **Benefit/Result:** Having a positive support system is a protective factor against criminal behavior. RISE provides emotional support through a peer-support model of case management and an alumni association that routinely hosts family-centered events in the community for RISE participants
- **Duration:** Lifetime of involvement with RISE
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community

- **Housing Assistance**

- **Description:** Housing assistance consists of supporting participants in securing and maintaining safe, affordable housing. To be eligible, participants must have successfully completed the RISE In-Prison Program.
- **Benefit/Result:** Having safe and affordable housing is critical to a successful reentry. RISE connects participants to vetted landlords and organizations that provide safe and affordable housing and refers them to organizations that provide housing assistance when needed.
- **Duration:** Lifetime of involvement with RISE
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community

- **Financial Assistance**

- **Description:** Financial assistance is available to RISE participants pre-release and post-release. Pre-release financial assistance may include housing deposits, employment-related costs, and identification-related costs. Post-release financial assistance may

include rent, basic needs, employment-related costs, childcare, healthcare costs, and other emergency needs as they arise. To be eligible, participants must have successfully completed the RISE In-Prison Program.

- **Benefit/Result:** Financial assistance is available to participants related to the costs associated with basic needs and overall well-being in order to provide stability. Financial assistance cannot be guaranteed.
- **Duration:** Lifetime of involvement with RISE
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community

- **Employment Assistance**

- **Description:** Pre-release and post-release employment assistance are available to RISE participants. Employment assistance includes connection to high-wage, high-demand job opportunities, career exploration and planning, interview preparation, resume updating, and navigating relationships with supervisors. RISE is focused on developing career trajectories rather than placing people in survival jobs. To be eligible, participants must have successfully completed the RISE In-Prison Program.
- **Benefit/Result:** Having a meaningful career trajectory is associated with positive outcomes such as a reduction in antisocial behavior and hope for the future.
- **Duration:** Lifetime of involvement with RISE
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community

- **Transportation Assistance**

- **Description:** Transportation assistance includes providing physical transportation with the RISE van to and from work, education, healthcare appointments, and other critical needs that arise. Bus passes are also provided to participants as needed. Transportation assistance is available pre-release and post-release. To be eligible, participants must have successfully completed the RISE In-Prison Program.
- **Benefit/Result:** Transportation accessibility is a significant barrier that many face upon returning to their communities. Providing transportation assistance removes one of the most common barriers to a successful reentry.
- **Duration:** Lifetime of involvement with RISE
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community

- **Crisis Intervention**

- **Description:** Crisis intervention services are available to post-release participants when they are having an active crisis such as an emergent need for housing, health care, mental health care, substance abuse support, and more. To be eligible, participants must have successfully completed the RISE In-Prison Program.
- **Benefit/Result:** Having access to virtual and in-person crisis intervention services from RISE reentry specialists is critical to personal and public safety. Reentry specialists are trained in several crisis intervention models.

- **Duration:** Lifetime of involvement with RISE
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community
- **Mental Health Assistance**
 - **Description:** Mental health assistance is available to post-release participants. Mental health assistance includes direct connection to mental health practitioners and access to free mental health teleservices. Assistance also includes mental health system navigation. To be eligible, participants must have successfully completed the RISE In-Prison Program.
 - **Benefit/Result:** Assistance with finding and navigating mental health services may remove the barrier of the system's complexity. Having this barrier removed improves use of services and adherence to treatment recommendations.
 - **Duration:** Lifetime of involvement with RISE
 - **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community
- **Substance Use Assistance**
 - **Description:** Substance use assistance is available to post-release participants. Substance use assistance includes direct connection to substance use inpatient and outpatient treatment providers and connection to local NA and AA support groups. To be eligible, participants must have successfully completed the RISE In-Prison Program.
 - **Benefit/Result:** Assistance with finding and navigating substance use services may remove the barrier of the system's complexity. Having this barrier removed improves use of services and adherence to treatment recommendations.
 - **Duration:** Lifetime of involvement with RISE
 - **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community
- **Parole/Probation/Supervised Release Support**
 - **Description:** RISE reentry specialists will help participants prepare for their parole hearings, attend parole hearings, and coordinate services with parole/probation/supervised release at the participant's discretion. Support includes service coordination, information sharing, and navigating tough conversations. To be eligible, participants must have successfully completed the RISE In-Prison Program.
 - **Benefit/Result:** Having a healthy, positive relationship with the supervising agency is likely to strengthen adherence to supervision requirements which lessens the risk of returning to incarceration.
 - **Duration:** Lifetime of involvement with RISE
 - **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community
- **Reentry Services and Support (Pre- and Post-Release)**
 - **Description:** Graduates of RISE's In-prison program can enroll in Reentry Services 12–18 months before release and continue receiving support as they return to the community.

Each participant is paired with a Community Navigator, who helps create actionable reentry plans based on the participant's goals, identify potential triggers, and build healthy coping strategies. Trained in peer support—and often drawing on their own lived experience—Community Navigators provide both guidance and logistical support. They assist participants with securing employment, housing, transportation, and vital documents, while also connecting them to social services, healthcare, behavioral health providers, and other needed resources. Participants are enrolled until they find stability and can re-enroll in services at any time to navigate unexpected crises.

- **Benefit/Result:** Case management support that begins prior to a participant's release leads to greater trust-building and rapport as Community Navigators continue to support participants returning to the community. This allows Community Navigators to provide emotional support, provide services that are responsive to participant needs, and support participants in their successful reintegration into the community. Community Navigators help provide a smooth continuum of care and coordinate services with agencies that provide wrap-around services.
- **Duration:** 12-36+ months (services offered 12-18 months pre-release and as long as needed upon release)
- **Location:** OCC, TSCI, WEC, NCCW, NSP, RTC, CCC-O, CCC-L, Community

The Work Lab Offering Descriptions

- **WorkLife Coach and Resource Navigation**

- **Description:** Employees get direct access to an embedded coach, in-person, not via app or portal. Coaches help set goals, build financial stability, navigate life challenges, and remove barriers that keep people from showing up fully at work. Sessions are confidential, ongoing, and built on trust. Not therapy, not case management, coaching toward the life they want, supported by their work. Services extend to justice-involved employees, addressing reentry challenges like housing, documentation, and transportation that threaten employment stability.
- **Benefit/Result:** Employees gain clarity, solve real problems, and stay employed. Employers see reduced turnover, better engagement, and fewer crises derailing productivity. For justice-involved employees, coaching reduces recidivism triggers and accelerates stabilization. Trust replaces transactional benefits.
- **Duration:** Ongoing (employees access coaches as needed throughout employment)
- **Location:** Embedded at employer partner sites across Omaha, NE

Western Alternative Corrections at Bristol Station Offering Descriptions

- **Residential Reentry Services**

- **Description:** The Bristol Station Residential Reentry Center program is based on a reentry model which utilizes evidence-based practices to deliver programming while the participant resides at the facility. Reentry services are guided by the Risk, Need and Responsivity (RNR) principles which identify the degree of targeted interventions and individualized services and programming provided to each participant based off a risk/needs assessment. Bristol Station RRC offers a variety of programming components to foster life and vocational skills, as well as the development of healthy thinking patterns, development of positive relationships, positive social engagement, meaningful work trajectories and effective coping strategies.
- **Benefit/Result:** Development of employability skills, development of life skills necessary to live a crime free life, obtain and maintain meaningful employment, successfully complete all facets of their Individualized Program Plan aimed at lowering recidivism risk. Successfully reintegrate and transition back into the community.
- **Duration:** 3-12 Months
- **Certificate:** None
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Residential Case Management:**

- **Description:** Each participant is assigned a case manager for the duration of his/her stay at Bristol Station RRC and receives weekly case management services. The objective of case management services is to provide each resident with individualized, comprehensive services to identify and address individual strengths and needs, as well as develop a fluid plan to support the individual in successfully transitioning into the community. The case manager may complete the risk/need assessment (Ohio Risk Assessment System - Community Supervision Tool (ORAS-CST)) and Quality of Life Inventory (QOLI) with the participant, which is the basis of the Individualized Program Plan. Upon successful discharge from the program the case manager may complete the ORAS-CST and QOLI as well. Another part of the case management component is the weekly Program Review Team (PRT) in which the case managers, residential director, systems coordinators, executive director and supervision officer meet to discuss the progress of each participant. The following components are offered, but not limited to, within residential case management services:

- Validated risk/needs assessment
- Individualized Program Plan development
- Weekly meetings
- Program review team updates
- Transition planning
- Managing Mental Health and/or Substance Abuse Needs
- Managing Health/Medical Needs
- Time Management
- Conflict Resolution/Coping Skills
- Transportation Independence
- Transition Planning

- **Duration:** Ongoing while residing at Bristol Station RRC

- **Certificate:** None
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

Cognitive Behavioral - Life Skills Programming:

- **Moral Reconation Therapy**
 - **Description:** Moral Reconation Therapy (MRT) is a systematic treatment strategy that seeks to decrease recidivism among juvenile and adult offenders by increasing moral reasoning. MRT is a “systematic, cognitive-behavioral, step-by-step treatment strategy designed to enhance self-image, promote growth of a positive, productive identity, and facilitate the development of higher stages of moral reasoning.” MRT systematically focuses on seven basic treatment issues:
 - confrontation of beliefs, attitudes and behaviors
 - assessment of current relationships
 - reinforcement of positive behavior and habits
 - positive identity formation
 - enhancement of self-concept
 - decrease in hedonism and development of frustration tolerance
 - development of higher stages of moral reasoning
 - **Benefit/Result:** MRT is designed and developed to target issues specific to an offender population. MRT has been shown to reduce the recidivism rate by between 30% and 50% for periods up to 20 years after release. MRT improves compliance to rules in an institution or while under supervision in the community. MRT will increase participants’ moral reasoning, decrease dropout rates, increase sense of purpose and reduce antisocial thinking and behavior.
 - **Duration:** MRT is delivered in weekly open-ended groups, which allows for maximizing resources. There are 12 steps in the MRT curriculum.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE
- **Peer Relationships**
 - **Description:** Bristol Station RRC may utilize The Change Companies, evidence-based, Interactive Journaling product Peer Relationships, part of The Courage to Change interactive journaling system. This journal centers on the development and maintaining positive connections and relationships with peers. Participants evaluate past and present peer relationships, identify the differences between healthy and unhealthy relationships, learn how to build positive relationships, and apply effective communication skills.
 - **Benefit/Result:** Increased positive relationships and support systems, development of effective communication skills and coping strategies and reduced recidivism risk.

- **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly group setting.
- **Certificate:** A certificate of completion will be provided upon completion of the group/program.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Substance Use/Relapse Prevention**
 - **Description:** Bristol Station RRC may utilize The Change Companies, evidence-based, Interactive Journaling product Substance Use, part of The Courage to Change interactive journaling system. This journal assists participants in evaluating the impact of substance use on their lives. This program allows the individual to identify their strengths and abilities to achieve goals for change, as well as develop a plan to maintain healthy recovery through the development of positive relationships and effective coping strategies.
 - **Benefit/Result:** Participants will identify develop effective coping strategies as they pertain to recovery, develop a recovery maintenance plan, as well as reduced recidivism risk.
 - **Duration:** The group may be facilitated by a licensed clinician or a WAC, Inc. employee and is offered in a weekly open-ended group.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE
- **Responsible Thinking**
 - **Description:** Bristol Station RRC may utilize The Change Companies, evidence-based, Interactive Journaling product Responsible Thinking, part of The Courage to Change interactive journaling system. This journal allows participants to evaluate the connection between their thinking and involvement in the justice system. Participants will identify errors in thinking that lead to negative behavior, as well as practice healthy decision-making and problem-solving skills.
 - **Benefit/Result:** Development of skills to challenge self-talk and thinking that leads to negative behavior and development of healthy thinking patterns, demonstrated positive decision-making skills, as well as reduced recidivism risk.
 - **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly group setting.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE
- **Self-Control**
 - **Description:** Bristol Station RRC may utilize The Change Companies, evidence-based, Interactive Journaling product Self-Control, part of The Courage to Change interactive journaling system. This journal addresses feelings and risk related to low self-control. Participants develop effective coping strategies and practice strategies for managing difficult feelings.

- **Benefit/Result:** Development of effective coping strategies, establish a self-control action plan, develop healthy thinking patterns as well as reduced recidivism risk.
- **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly group setting.
- **Certificate:** A certificate of completion will be provided upon completion of the group/program.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Social Values**
 - **Description:** Bristol Station RRC may utilize The Change Companies, evidence-based, Interactive Journaling product Social Values, part of The Courage to Change interactive journaling system. This journal allows participants to identify their values and the impact on themselves and others. Values that promote a healthy lifestyle and positive social engagement are explored.
 - **Benefit/Result:** Identification of values, development of strategies to manage roadblocks, development of an action plan to strengthen social values, as well as reduced recidivism risk.
 - **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly group setting.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Family Ties**
 - **Description:** Bristol Station RRC may utilize The Change Companies, evidence-based, Interactive Journaling product Family Ties, part of The Courage to Change interactive journaling system. This journal allows participants to evaluate family and other relationships and their roles within those relationships. Participants identify and implement strategies to help build positive relationships.
 - **Benefit/Result:** Identification of healthy and unhealthy relationships, development of skills to set boundaries in an effort to develop positive relationships, as well as reduced recidivism risk.
 - **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly group setting.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Getting Back on Track**
 - **Description:** Bristol Station RRC may utilize Getting Back on Track, part of the evidence-based interactive journaling system, by The Change Companies. This curriculum is designed to help participants get back on track when things have not gone as planned or if they've experienced a set-back, such as a relapse or negative behavior.
 - **Benefit/Result:** Development of appropriate problem-solving techniques, coping strategies, positive thinking patterns and life skills, as well as reduced recidivism risk.

- **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly open-ended group.
- **Certificate:** A certificate of completion will be provided upon completion of the group/program.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Victim Awareness**
 - **Description:** Bristol Station RRC may utilize Victim Awareness, part of the evidence-based Forward Thinking interactive journaling system, by The Change Companies. This curriculum helps participants consider the idea of taking personal responsibility for their behaviors, understand the ripple effect of their behavior/choices on themselves and their victims, and consider ways to make amends.
 - **Benefit/Result:** Acceptance of personal responsibility, development of empathy for victims of their choices, as well as reduced recidivism risk.
 - **Duration:** The group is facilitated by a Bristol Station RRC employee and is offered for a total of approximately 6-8 one-hour sessions in a weekly open-ended group. This curriculum can also be utilized in a one-to-one setting.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE
- **Money Management/Financial Literacy**
 - **Description:** Participants learn about the importance of a functional, working budget. Financial literacy information, such as how to open a bank account, the different types of bank accounts, 401k plans, etc. are presented.
 - **Benefit/Result:** Development of life skills, a working budget, and development of financial responsibility.
 - **Duration:** Ongoing while residing at Bristol Station RRC.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE
- **Personal Growth/Family Reunification**
 - **Description:** Bristol Station utilizes The Change Companies' evidence-based Interactive Journaling product, Getting it Right, Contributing to the Community, and Personal Growth. There are multiple journaling sections that focus on a different topic relevant to life skills, family reunification, and reentry. The sections are: Relationships/Communication; Family; Feelings; Anger
 - **Benefit/Result:** Increased positive communication with family, development and/or repair of family relationships, development of a positive support system, and reduced recidivism risk.
 - **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly open-ended group.

- **Certificate:** A certificate of completion will be provided upon completion of the group/program.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE
- **Transition Skills**
 - **Description:** Bristol Station may utilize The Change Companies evidence-based Interactive Journaling product and Transition Skills Program. There are multiple journaling sections that focus on a different topic relevant to reentry, life, and vocational skills. The sections are: Realistic Expectation; Healthy Relationships; Managing Time; Handling Social Influences; Roadblocks in Transition; Thinking for a Change; Authority Figures; Managing Anger; Safety Net
 - **Benefit/Result:** Participants work to develop key life skills that help them make responsible choices and avoid future incarceration, as well as reduced recidivism risk.
 - **Duration:** The group is facilitated by a WAC, Inc. employee and is offered in a weekly open-ended group.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE

Vocational Programming:

- **Employment Readiness**
 - **Description:** Bristol Station RRC may utilize the evidence-based Offender Workforce Development Specialist (OWDS) curriculum to provide participants with workforce development strategies. Components of the group include vocational assessment, interest and skills profiler, assessment of barriers, identification of transferable and soft skills, job search strategies, completing job applications appropriately, development of a resume, appropriate dress and hygiene, development of interview skills, explaining criminal history effectively, employer expectations and employment retention. Participants will also obtain all necessary documents required to gain employment (i.e. birth certificate, state identification, drivers' license, social security card).
 - **Benefit/Result:** Participants will develop employability skills necessary to obtain and maintain meaningful employment, which also leads to a reduction in recidivism risk.
 - **Duration:** Employment readiness is facilitated in a group setting. Components of the group can also be offered in a one-to-one setting.
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE
- **Resume Development**
 - **Description:** Bristol Station RRC utilizes components of the evidence-based Offender Workforce Development Specialist (OWDS) curriculum for this facet of programming.

Participants attend Employment Readiness Group or work one on one with their case manager to develop a functional resume.

- **Benefit/Result:** With the aid of their resume, participants will have more access to interviews with perspective employers, which will in turn allow opportunity to gain meaningful employment which in turn results in a reduction in recidivism.
- **Duration:** Ongoing – group or individual setting
- **Certificate:** A certificate of completion will be provided upon completion of the group/program, if provided in Employment Readiness Group.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Interviewing Skills**

- **Description:** Bristol Station RRC utilizes components of the Offender Workforce Development Specialist (OWDS) curriculum for this facet of programming. Participants attend Employment Readiness Group or work one on one with their case manager to develop behavioral interviewing skills, learn how to answer interview questions in an appropriate manner, prepare a narrative to explain their criminal history in an interview, and participate in mock interviews.
- **Benefit/Result:** Development of effective interviewing skills to increase the likelihood of obtaining gainful employment, as well as reduced recidivism risk.
- **Duration:** Ongoing – group or individual setting
- **Certificate:** A certificate of completion will be provided upon completion of the group/program, if provided in Employment Readiness Group.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Conflict Resolution**

- **Description:** Bristol Station RRC utilizes components of the Offender Workforce Development Specialist (OWDS) curriculum for this facet of programming. Participants attend Employment Readiness Group or work one on one with their case manager to learn proper techniques in dealing with supervisors and fellow co-workers when conflict arises in the workplace.
- **Benefit/Result:** Participants will be able to appropriately address stressors and communicate effectively in the workplace in order to minimize the risk of losing an employment opportunity.
- **Duration:** On going for the duration of their stay at Bristol Station RRC.
- **Certificate:** A certificate of completion will be provided upon completion of the group/program, if provided in Employment Readiness Group.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Employment Retention**

- **Description:** Bristol Station RRC utilizes components of the Offender Workforce Development Specialist (OWDS) curriculum for this facet of programming. Participants attend Employment Readiness Group or work one on one with their case manager to learn techniques of maintaining employment.

- **Benefit/Result:** Participants will be able to recognize and utilize techniques of personal communication to ensure career goal enrichment. Participants will also learn how to go about appropriately leaving a place of employment, if necessary.
- **Duration:** On going for the duration of their stay at Bristol Station.
- **Certificate:** A certificate of completion will be provided upon completion of the group/program, if provided in Employment Readiness Group.
- **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Dress for Success**
 - **Description:** Bristol Station RRC utilizes components of the Offender Workforce Development Specialist (OWDS) curriculum for this facet of programming. Participants will work with their case manager to locate local resources for clothing and obtain appropriate clothes for interviews and working conditions.
 - **Benefit/Result:** Participants identify and obtain appropriate clothing for interviews and employment.
 - **Duration:** Ongoing
 - **Certificate:** A certificate of completion will be provided upon completion of the group/program, if provided in Employment Readiness Group.
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Time Management**
 - **Description:** Participants work with their case manager and/or OWDS facilitator to identify and practice good time management techniques.
 - **Benefit/Result:** Participants will utilize good time management techniques to maximize their efficiencies and minimize unhealthy downtime.
 - **Duration:** Ongoing while residing at Bristol Station RRC
 - **Certificate:** None
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE

- **Transportation Independence**
 - **Description:** Participants will work one on one with their case managers to obtain and maintain a reliable mode of transportation.
 - **Benefit/Result:** Participants will have obtained a vehicle or other mode of transportation that is suitable to their needs.
 - **Duration:** Ongoing while residing at Bristol Station RRC
 - **Certificate:** None
 - **Location:** Bristol Station Residential Reentry Center, Hastings, NE

Ybor Program Offering Descriptions

These descriptions have not yet been provided to the evaluation team.