## LEGISLATURE OF NEBRASKA

## ONE HUNDRED SEVENTH LEGISLATURE

## SECOND SESSION

## **LEGISLATIVE BILL 1068**

Introduced by Stinner, 48.

Read first time January 18, 2022

Committee: Health and Human Services

- A BILL FOR AN ACT relating to the Behavioral Health Workforce Act; to
  amend sections 71-829 and 71-830, Reissue Revised Statutes of
  Nebraska; to state intent; to provide for additional residencies and
  training experiences for certain behavioral health providers in
  rural and underserved areas; to provide funding; to harmonize
  provisions; to repeal the original sections; and to declare an
  emergency.
- 8 Be it enacted by the people of the State of Nebraska,

1 Section 1. Section 71-829, Reissue Revised Statutes of Nebraska, is

- 2 amended to read:
- 3 71-829 (1) The Legislature hereby finds and declares that:
- 4 (a) Ninety-five percent of counties in Nebraska are classified as
- 5 <u>behavioral</u> health profession shortage areas by the federal Health
- 6 Resources and Services Administration and the Nebraska Department of
- 7 Health and Human Services;
- 8 <u>(b) There are severe behavioral health workforce shortages in rural</u>
- 9 and underserved areas of the state which negatively impact access to
- 10 appropriate behavioral health services for Nebraska residents; and
- 11 (c) Nebraska must act to address immediate needs and implement long-
- 12 <u>term strategies to alleviate education, recruitment, and retention</u>
- 13 challenges in the behavioral health field.
- 14 The Legislature finds that there are insufficient behavioral health
- 15 professionals in the Nebraska behavioral health workforce and further
- 16 that there are insufficient behavioral health professionals trained in
- 17 evidence-based practice. This workforce shortage leads to inadequate
- 18 accessibility and response to the behavioral health needs of Nebraskans
- 19 of all ages: Children; adolescents; and adults. These shortages have led
- 20 to well-documented problems of consumers waiting for long periods of time
- 21 in inappropriate settings because appropriate placement and care is not
- 22 available. As a result, mentally ill patients end up in hospital
- 23 emergency rooms which are the most expensive level of care or are
- 24 incarcerated and do not receive adequate care, if any.
- 25 As the state moves from institutional to community-based behavioral
- 26 health services, the behavioral health services workforce shortage is
- 27 increasingly felt by the inability to hire and retain behavioral health
- 28 professionals in Nebraska. In Laws 2004, LB 1083, the Legislature pledged
- 29 to "promote activities in research and education to improve the quality
- 30 of behavioral health services, the recruitment and retention of
- 31 behavioral health professionals, and the availability of behavioral

- 1 health services". The purpose of the Behavioral Health Workforce Act is
- 2 to realize the commitment made in LB 1083 to improve community-based
- 3 behavioral health services for Nebraskans and thus focus on addressing
- 4 behavioral health issues before they become a crisis through increasing
- 5 the number of behavioral health professionals and train these
- 6 professionals in evidence-based practice and alternative delivery methods
- 7 which will improve the quality of care, including utilizing the existing
- 8 infrastructure and telehealth services which will expand outreach to more
- 9 rural areas in Nebraska.
- 10 Sec. 2. Section 71-830, Reissue Revised Statutes of Nebraska, is
- 11 amended to read:
- 12 71-830 (1) The Behavioral Health Education Center is created and
- 13 shall be administered by the University of Nebraska Medical Center.
- 14 (2) The center shall:
- (a)(i) Provide funds for up to ten two additional medical residents.
- 16 physician assistants, or psychiatric nurse practitioners in a Nebraska-
- 17 based psychiatry program each year starting in 2010 until a total of
- 18 eight additional psychiatry residents are added in 2013. The center shall
- 19 provide psychiatric residency training experiences that serve rural
- 20 Nebraska and other underserved areas. As part of the his or her residency
- 21 training experience experiences, each center-funded resident, physician
- 22 assistant, or psychiatric nurse practitioner shall participate in the
- 23 rural training for a minimum of three months one year. A minimum of three
- 24 two of the ten eight center-funded residents, physician assistants, or
- 25 <u>psychiatric nurse practitioners</u> shall be active in the rural training
- 26 each year; and
- 27 (ii) Provide funds for <u>up to twelve</u> five one-year doctoral-level
- 28 psychology internships in Nebraska within twelve months after July 18,
- 29 2014, and every year thereafter and increase the number of interns in the
- 30 program to ten within thirty-six months after July 18, 2014. The interns
- 31 shall be placed in communities so as to increase access to behavioral

- 1 health services for patients residing in rural and underserved areas of
- 2 Nebraska; and
- 3 (iii) Provide funds for up to ten one-year mental health therapist
- 4 internships or practicums in Nebraska. The trainees shall be placed in
- 5 <u>rural and underserved communities in order to increase access to</u>
- 6 behavioral health services for patients residing in such areas of
- 7 Nebraska;
- 8 (b) Focus on the training of behavioral health professionals in
- 9 telehealth techniques, including taking advantage of a telehealth network
- 10 that exists, and other innovative means of care delivery in order to
- 11 increase access to behavioral health services for all Nebraskans;
- 12 (c) Analyze the geographic and demographic availability of Nebraska
- 13 behavioral health professionals, including psychiatrists, social workers,
- 14 community rehabilitation workers, psychologists, substance abuse
- 15 counselors, licensed mental health practitioners, behavioral analysts,
- 16 peer support providers, primary care physicians, nurses, nurse
- 17 practitioners, pharmacists, and physician assistants;
- 18 (d) Prioritize the need for additional professionals by type and
- 19 location;
- 20 (e) Establish learning collaborative partnerships with other higher
- 21 education institutions in the state, hospitals, law enforcement,
- 22 community-based agencies, public school districts, and consumers and
- 23 their families in order to develop evidence-based, recovery-focused,
- 24 interdisciplinary curricula and training for behavioral health
- 25 professionals delivering behavioral health services in community-based
- 26 agencies, hospitals, and law enforcement. Development and dissemination
- 27 of such curricula and training shall address the identified priority
- 28 needs for behavioral health professionals; and
- 29 (f) Establish and operate six Beginning in 2011, develop two
- 30 interdisciplinary behavioral health training sites each year until a
- 31 total of six sites have been developed. Four of the six sites shall be in

- 1 counties with a population of fewer than fifty thousand inhabitants. Each
- 2 site shall provide annual interdisciplinary training opportunities for a
- 3 minimum of six three behavioral health professionals; and -
- 4 (g) Educate behavioral health providers and facilities to integrate
- 5 <u>behavioral health care into primary care practice and licensed health</u>
- 6 care facilities in order to place well-trained behavioral health
- 7 providers into primary care practices, behavioral health practices, and
- 8 <u>rural hospitals for the purpose of increasing access to behavioral health</u>
- 9 services.
- 10 (4) (3) No later than December 1 of every odd-numbered year, the
- 11 center shall prepare a report of its activities under the Behavioral
- 12 Health Workforce Act. The report shall be filed electronically with the
- 13 Clerk of the Legislature and shall be provided electronically to any
- 14 member of the Legislature upon request.
- 15 Sec. 3. Original sections 71-829 and 71-830, Reissue Revised
- 16 Statutes of Nebraska, are repealed.
- 17 Sec. 4. Since an emergency exists, this act takes effect when
- 18 passed and approved according to law.