

April 6, 2016

Patrick J. O'Donnell  
Clerk of the Legislature  
PO Box 94604  
Lincoln, NE 68509-4604

RE: Annual Report on Care Management Units

Dear Mr. O'Donnell:

In accordance with Neb. Rev. Stat. Sec. 81-2233, please find attached a copy of the Annual Report on Care Management Units for Fiscal Year 2015. This report is created by the Department of Health and Human Services Division of Medicaid and Long-Term Care, State Unit on Aging, and includes an explanation of the consultation, assessment, plan development, referral and review of care management services within the Division.

If you have any questions regarding this report, please contact Cynthia Brammeier at (402) 471-9155.

Sincerely,



Calder A. Lynch, Director  
Division of Medicaid and Long-Term Care  
Department of Health and Human Services

## CARE MANAGEMENT REPORT FOR FY15

In 1987, LB 42 passed and created the laws that govern care management services provided by the Area Agencies on Aging (AAA) in the State of Nebraska. These laws, Neb. Rev. Stat. 81-2229 to 81-2235, allow for the funding, certification and monitoring of care management services through certified care management units (CMUs). Since the first year of operation in 1989, all eight AAA have created and been certified as CMUs and received funds from the State to provide care management services for aging populations across the State of Nebraska. Four of the AAA are subject to a maintenance of effort requirement that they annually meet. This is required because the four AAA provided care management services prior to the passage of the Care Management Services Act. Care management funds are distributed using a funding formula based on the elderly population in each AAA's program service area.

### **Per Neb. Rev. Stat. 81-2229 to 81-2235:**

- Each of the eight AAA have established a CMU, which is certified and reviewed biennially.
- A state-approved assessment form was created to assess the needs of the clients receiving care management services.
- Based upon the assessment results, an individualized care plan is developed. Clients are then referred to services that implement the care plan for that individual and regular monitoring visits are conducted.
- The State Unit on Aging monitors the delivery of care management services, the cost of the services and reimbursement of the care management funds to be sure they remain appropriate.
- Each agency enters care management information into the Nebraska Aging Management Information System (NAMIS). NAMIS is the vehicle through which data management for the Aging Network is reported. Through this system outcome measurements can be demonstrated. Current taxonomy defines one care management hour as equal to one care management unit as reported on NAMIS.

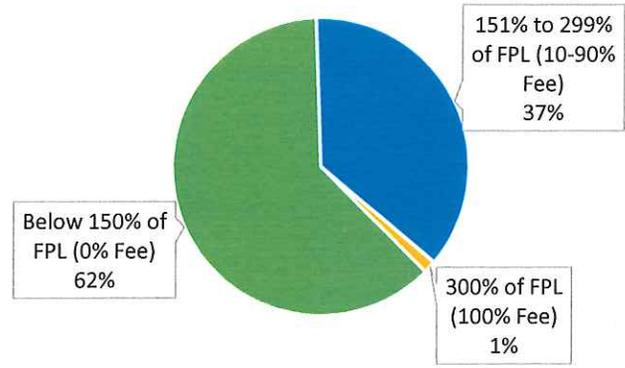
Each AAA submits an annual budget with an estimate of care management units (hours) that will be provided and an estimate of the cost the agency will incur to provide those hours. Based on those figures, the unit rate is developed by dividing the "Total Cost to Provide Services" by the "Number of Care Management Units (Hours)." The unit rate may not exceed \$54 per hour according to current regulations. For reimbursement purposes, each agency submits a monthly report indicating the number of units of service delivered. This number is multiplied by the unit rate for that agency. The agency is reimbursed that amount minus any required maintenance of effort or client fees collected.

In the first year of operation (1989) CMUs provided 6,342 units of service to 1,457 clients. In Fiscal Year 15, there were 58,312 units of service provided to 5,633 clients for a total cost of \$2,768,803.98. The Care Management Services Act Fund provided \$2,225,644 or 80 percent of the cost. Other significant revenue sources were the Community Aging Services Act and local funds.

<b>Care Management Services</b>	
Total Time Unit (Hours)	58,312
Average Unit Rate	\$50.45
Full Time Employees	50
<b>Amount (\$)/FTE</b>	<b>\$55,976.08</b>
<b>Units (Hours)/FTE</b>	<b>1,166</b>

<b>Clients Served and Federal Poverty Level</b>	
150% and Below Federal Poverty Level	3,490
151% to 299% of Federal Poverty Level	2,064
300% and Above Federal Poverty Level	79
<b>Total Clients Served</b>	<b>5,633</b>

Clients at Federal Poverty Level



<b>Care Management Funding</b>	
Care Management Funds	\$2,225,644
AAA Funds	\$380,334
Maintenance of Effort (Four AAA)	\$134,332
Fees Collected	\$28,494
<b>Total Amount</b>	<b>\$2,768,804</b>

Care Management Funding Sources

